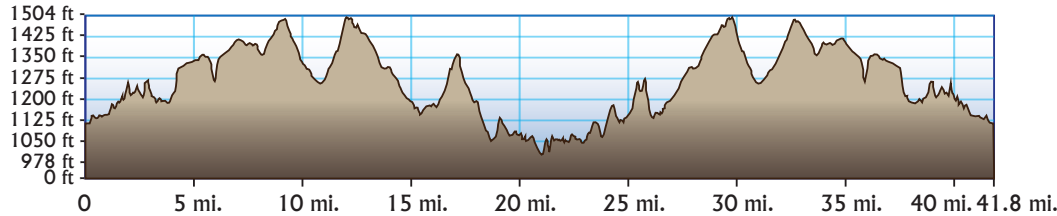


Bedford Springs / Koon Lake

Starting at the Bedford Springs, this bike loop is approximately 42 miles long with the highlight being Lake Koon and Lake Gordon. These two water reservoirs, about 20 miles south, were created to supply water to Cumberland, Maryland.



Mile	Directions
0.0	From Bedford Springs Resort, go south on Sweet Root Rd. for 3.8 miles
3.8	Turn right crossing small bridge (still Sweet Root Rd.) and go .4 miles.
4.2	Turn left onto Teaberry Rd. and travel 5.8 miles. ★ Teaberry Rd. ends as you continue straight onto Buck Falls Rd.
10	Continue straight onto Buck Falls Rd. for 1 mile.
11	Turn left onto Evitts Creek Rd. and follow for 9.8 miles. You will travel past Lake Koon and cross the dam separating the two lakes on this road. <i>NOTE: You'll pass Rainsburg Mt. Rd. in 1.2 miles which connects you to the Rainsburg Colerain Valley Loop.</i>
20.8	Make a sharp right onto Growden Rd. and go 2.4 miles. You will travel back up the opposite side of the lake.
23.2	Make right turn onto Narrow Ln. & cross the bridge. Bear left immediately to continue on Dark Hollow Rd. Travel 2.6 miles north.
25.8	Turn right at stop sign onto White Church Ln. and go 1.1 miles. Note: White Church Ln. is not marked with a sign.
26.9	Turn left back onto Evitts Creek Rd. and go 4.1 miles. <i>NOTE: You'll pass Rainsburg Mt. Rd. in 2.9 miles which connects you to the Rainsburg Colerain Valley Loop.</i>
31	Turn right onto Buck Falls Rd. and go 1 mile.
32	Bear left onto Teaberry Rd. and continue north for 5.8 miles.
37.8	Turn right onto Sweet Root Rd. and go .4 mile.
38.2	After crossing the concrete bridge, turn left to continue on Sweet Root Rd. for 3.8 miles back to the Bedford Springs Resort.

